

# Antelope Racing Team

Present an

## Open 50km 3-up Team Time Trial

For and on behalf of Cycling Time Trials under their Rules and Regulations

Featuring the British Universities & Colleges Sport TTT Championships

**This race has been generously sponsored by Cobham Antenna Systems**

Saturday 17th April 2010 Start 13:30 Course: H50km/19 – Longwick circuit Headquarters: Longwick School <b>from 1230</b> Timekeepers: Bob O'Dell, Geoff Booker, Gordon Hart and Bob Clark	<b>Event Secretary</b> Ralph Dadswell 11 Walnut Tree Lane Longwick Princes Risborough HP27 9SJ  01844 345 663 07769 314 329 ralph@dadswell.com
<b>Scratch Prizes</b> All teams eligible, across both events 1 <sup>st</sup> Team <b>£240</b> 2 <sup>nd</sup> Team <b>£180</b> 3 <sup>rd</sup> Team <b>£150</b> 4 <sup>th</sup> Team <b>£135</b> 5 <sup>th</sup> Team <b>£120</b>  1 <sup>st</sup> Team of Ladies <b>£90</b> 2 <sup>nd</sup> Team of Ladies <b>£60</b>	<b>BUCS Awards</b> (for student teams only) 1 <sup>st</sup> Team <b>Gold</b> Medals 2 <sup>nd</sup> Team <b>Silver</b> Medals 3 <sup>rd</sup> Team <b>Bronze</b> Medals 1 <sup>st</sup> Ladies Team <b>Gold</b> Medals
6 <sup>th</sup> Team <b>£105</b> 7 <sup>th</sup> Team <b>£90</b> 8 <sup>th</sup> Team <b>£75</b> 9 <sup>th</sup> Team <b>£60</b> 10 <sup>th</sup> Team <b>£45</b>	

**For full Course Details, Details of the HQ, and details of getting to the start** – please see later pages.

There will be a **Prize presentation** in the school hall, soon after the last team finishes.  
Please try to be there, and see £1350 being handed out !

Provisional Results will be available (as quickly as we can manage) from <http://www.dadswell.co.uk>

### Two very important messages

**1 At the Event Headquarters, we have been specifically instructed that there must be NO PARKING ON THE GRASS. There was also a complaint made after last year's race of litter being left around the school and on the fields. Please take your litter home with you, and don't put our future use of the school in jeopardy. Thank you.**

**2. Entries for this race exceeded the maximum allowed, and so there are two RESERVE TEAMS listed. If your team will not be starting, for whatever reason, please phone 07769 314 329 as soon as possible, to allow your start time to be re-allocated to a reserve team. Please don't just leave us to discover that you're not going to ride. Thank you, again.**

### **General Notes**

- Numbers will be issued at the Event Headquarters (Longwick School), and should be attached to your lower back or on your shorts. Please return your number afterwards, and exchange it for a FREE cup of tea.
- No vehicles other than that of the timekeeper are to be parked in the vicinity of the start or finish points.
- After finishing, riders must not stop, but should continue to the Headquarters, or the alternative parking areas.

## Special Notes about Team Time Trials

- Apologies for those of you who are old hands at this sort of thing, but .....
- When you're out on the road, you should ride in single file, except when you're changing your formation. In particular, when you have finished, please remain disciplined, as other teams will still be racing, and won't want you getting in their way.
- Please **don't** warm-up past the Finish point; if you *have* to pass the Finish when warming up, please make it clear to the timekeepers that you are not racing. Also, be aware that other teams may well be finishing when you're warming-up.
- When you *are* finishing, please look as if you're racing, and try to shout out the highest number of your team.
- If you wish to feature in the official result for this race then you must start with three riders (whose names appear on this sheet for your team), **all three of you must complete the course**, and you must all pass the finish line clearly displaying your race numbers.
- Incomplete teams may start, and can receive a time, but this is "for general interest only".
- Teams who have nominated reserve riders may choose any three from the four riders listed. Teams using their reserve rider are still eligible for prizes. NB Reserves must wear the number of the rider who they are replacing.
- Official times are taken on the third rider to pass the finish, so try to stay together!

In the interests of your own safety, Cycling Time Trials and the event promoters strongly advise you to wear a HARD SHELL HELMET that meets an internationally accepted safety standard.

It is recommended that a working rear light, either flashing or constant, is fitted to the machine in a position visible to following road users and is active while the machine is in use.

Course and Event Record :

Adam Duggleby, Charles McCulloch, Mark Holton 1.3.33 (29.3 mph)

The following teams are Reserve Teams, and will be able to ride in the places of complete teams giving the organiser advance notice that they will not be riding the event.

Please see important note on page 1

R1	Tim Clark Nicholas Constable (Jun) Daniel Tamplin	Aylesbury CC		
R2	Chris Boulton Stephen Suttie Simon Holland	Wayfarers Wheelers		

### Club Sponsors

**Python RT** : SmartestEnergy, Anthony Mullan, Real451, PushPrint, IXIA

**High Wycombe CC** : Switch Technology, Cynergy PT

**Fairly United CT** : peterolivercars.com, witneybuildersandtrades.com

**banjo cycles .co.uk**, Specialized, Torq

**Pbscience.com** : The Tristore, SiS, Drag 2 Zero

**...a3crg** : SiS

**Team Velo Sportif** : Sherborne

**tt-weekly.co.uk** : Pedal Revolution, Gear Club

**VC10** : Sigma Sport, Torq, Aspire Holistic Cycling, Castelli, Madison, Infrastructure Finance Ltd, Fryer Ward

## Full Course Details

(OS Landranger 165)

<b>763073</b>	<b>START</b> in the lane from Aston Sandford to A.4129 opposite the centre of the Bucks C.C. sign in a lay by approx 1Km from the A.4129.	<b>00.00</b>
<b>768065</b>	Proceed to the <b>A.4129</b> where bear left [CARE] onto the A.4129 to <i>start a circuit</i> .	<b>00.89Km</b>
<b>794046</b>	Go through Longwick to the <b>Sportsman Roundabout</b> at the junction with the B.4009.	<b>04.25Km</b>
<b>823070</b>	Take the first exit onto the B.4009 (Lower Icknield Way) to Little Kimble. Turn left <b>immediately before the railway bridge</b> , along Marsh Road.	<b>07.98Km</b>
<b>790115</b>	Bear right at 'T' junction, going through Marsh to the junction with the Bishopstone Road. Bear left through Bishopstone (taking care at the Traffic Calming) to the <b>crossroads at Alwyn Lawn</b> .	<b>14.25Km</b>
<b>747088</b>	Turn left [GREAT CARE] to the crossroads on the outskirts of <b>Haddenham</b> .	<b>19.54Km</b>
<b>742068</b>	Turn left on Stanbridge Road to <b>Kingsey</b> .	<b>22.39Km</b>
<b>768065</b>	Turn left onto A.4129 [CARE] to <b>complete circuit when passing junction</b> with road from Aston Sandford and Haddenham.	<b>24.94Km</b>
<b>768065</b>	Repeat circuit, <b>again continuing past junction</b> .	<b>48.99Km</b>
<b>777061</b>	<b>FINISH</b> at 'crossroads' sign, just west and short of junction with road to Ilmer.	<b>50.00Km</b>

View a map showing the area of the course at <http://tinyurl.com/yeupejg>

**The Course in simple terms** : This 50km TTT involves just over 2 laps of a circuit. The first kilometre is a 'feeder' onto the circuit. After completing two full laps, you start another lap, but you then have just 1km left to do. You'll be able to see two houses in front of you. The finish is not quite as far away as they are. There will be marshals and signs around the course, but please remember that the onus is on you to follow the correct route.

### **Finding the HQ : Please don't arrive at the HQ before 1230. Another hirer has it until then.**

Longwick is on the A4129 between Thame and Princes Risborough. If you're approaching from Princes Risborough, go through Longwick, past the pedestrian lights, and then turn left into Walnut Tree Lane. Then take the second left into Dorrells Road, go straight ahead, and the school entrance is in front of you. If you're approaching from Thame, take the right turn into Walnut Tree Lane, approx 100 yards *before* the pedestrian lights.

The postcode of the school is HP27 9SJ. Please park considerably, as with **240** riders we will be pushed for space. Car-sharing or riding to the race would be a great idea !

If you arrive to find that the school area is full, please sign on and then use one of the following alternative parking areas : There is a large layby at the western end of Longwick on the north side of the A4129, and another approx 1 mile further west, on the south side of the road. Please avoid clogging up the roads near to the school, as this creates bad feeling ... with my neighbours !

**Finding the start** : From the HQ, retrace along Dorrells Road and Walnut Tree Lane, to turn left onto the A4129 towards Thame. After almost 2 miles, take a right fork, signposted Haddenham (and others). The start is 0.89 km away from there.

**Getting back to the HQ** : Keep riding until you're back in Longwick. Turn right into Walnut Tree Lane.

**Photographs !** We are delighted to have secured the services of Sarah Brooke, who will be on the course, recording the event for posterity. Check out <http://www.sarahbrookephotography.co.uk/>

## **Cobham Antenna Systems**

*We are delighted that this race is being supported by sponsorship from Cobham Antenna Systems.*

*European Antennas Ltd is now trading as Cobham Antenna Systems, Microwave Antennas. The company design and manufacture high specification antennas – directional flat panel, sector, planar spiral and omni-directional, within the 200MHz to 40GHz frequency range. Antennas are used worldwide within commercial, defence, satellite and security industries, for applications as diverse as wireless LAN, RFID, telemetry, UAVs, robotics, IED, rail and broadcast.*

*If you would like to know more, contact [liz.murrell@cobham.com](mailto:liz.murrell@cobham.com)*

**Event One : BUCS Championship TTT and Open TTT (overflow)**

No	Name	Club	Reserve	Start time
1	Thomas Rawlinson	Durham University CC		1333
2	Timothy McClelland			
3	Matthew Wilson			
4	Kevin Wilkinson	VC10	Dave Johnson	1336
5	Richard King			
6	Matt Hide			
7	Tim Osborne	High Wycombe CC Anfield BC High Wycombe CC		1339
8	Stuart Twigg			
9	Alasdair MacVarish			
10	Henry King	Leeds University CC		1342
11	Mike Dales			
12	Jack Kirk			
13	Stewart King	High Wycombe CC		1345
14	Paul Morrissey			
15	Neil Wragg			
16	Sophie Pooley (W)	Oxford University CC	Claire Galloway (W)	1348
17	Lauren Tracy (W)			
18	Joséphine Anselin (W)			
19	Richard Davies	VC10 High Wycombe CC VC10	Greg Lewis	1351
20	Andrew Colsell			
21	Mark Wakley			
22	Nicholas Constantine	Durham University CC		1354
23	Matt Daniel			
24	Joe Stonham			
25	James Mahoney	Sigma Sport Pro Bike Shop High Wycombe CC VC10		1357
26	Steve Rouse			
27	Colin Fury			
28	Nigel Williams	Python RT		1400
29	Mark Williams			
30	Robert Stimpson			
31	John Cant	Oxford University CC	Richard Armstrong	1403
32	Simon Janes			
33	Chris Redmond			
34	Alex Peeke	Welwyn Wheelers		1406
35	David Scott			
36	Adrian Trott			
37	Ewan Brown	Durham University CC		1409
38	Ed Garrett			
39	Nathan Edwards			
40	Emily Dove (W)	Leeds Met Carnegie CC		1412
41	Lois Rosindale (W)			
42	Rhiannon Silson (W)			
43	Toby Weatherall	Cambridge University CC		1415
44	Toby Parnell			
45	Dan Ahearn			
46	Greg Krawczyk	University of West England		1418
47	Alex Ham			
48	James Deeny			
49	Ross Macdonald	Swansea University CC	Timothy Butt	1421
50	Adam Atkinson			
51	David Eaves			
52	Joanna Smith (W)	University of Manchester CC	Laura Howard (W)	1424
53	Rachel Murray (W)			
54	Joanne Blackely (W)			
55	Chris Miller	Cambridge University CC		1427
56	Jack King			
57	Ming-Chee Chung			
58	Alex Clayton	Durham University CC		1430
59	Hamish Batchelor			
60	Ben Howard			

61	Geoff Hotchkiss	University of West England		1433
62	Daniel Stephens			
63	Nick Horn			
64	Tom Bustard	Leeds Met Carnegie CC		1436
65	Jack Skelton			
66	Matthew Dennis			
67	Tom Kirk	Oxford Brookes University CC		1439
68	Sam Parker			
69	Mark Baines			
70	Mark Brown	Birmingham University CC	Henry Knott	1442
71	Nick Pilbrough			
72	Alex Saunders			
73	Luke Dabbs	University of Manchester CC	Alastair Gilles	1445
74	Rory Nolan			
75	Richard Wilson			
76	Till Wagner	Cambridge University CC		1448
77	Adam Woolnough			
78	Ben Kenneally			
79	Henry Knott	Birmingham University CC	Alex Saunders	1451
80	Ralph Jones			
81	Anish Khandia			
82	Jonathan Perry	University of Manchester CC	Alastair Gilles	1454
83	Toby Baker			
84	Chris Manning			
85	Harry Springall	Leeds Met Carnegie CC		1457
86	Rhys Davey			
87	Dom Brook			
88	Ciara Horne (W)	Birmingham University CC	Emily Carter (W)	1500
89	Vicky Graves (W)			
90	Jess Waterfall (W)			
91	Neil Cattell	University of York CC	Joey Halloran	1503
92	Martin Proctor			
93	George Georgallides			
94	Jackie Dodd (W)	Kingston Phoenix RC		1506
95	Chrystal Sheldon (W)			
96	Rachel Croggon (W)			
97	Josh Lawless	Swansea University CC	Gethin Howells	1509
98	Timothy Butt			
99	Gareth Petts			
100	Robert Dunn	Leeds Met Carnegie CC		1512
101	John Davies			
102	Robert Bridges			
103	Hannah Read (W)	Durham University CC		1515
104	Mathilde Matthijsse (W)			
105	Katharine Broadbent (W)			
106	Craig Wallduck	University of Bristol Bike Club		1518
107	Jack Rae			
108	James Gray			
109	Ross Creber	Northumbria University CC		1521
110	Paul Anderson			
111	Jamie Davison			
112	Emma Williams (W)	Twickenham CC		1524
113	Jo Foster (W)			
114	Susie Scorer (W)			
115	Anthony Thomas	University of Liverpool CC		1527
116	Doug Arnold			
117	David Bailey			
118	Lesley-Anne Walkling (W)	PB Science	Sara Blackburn (W)	1530
119	Danuta Tinn (W)			
120	Juliette Clark (W)			

**Event 2 : Antelope RT Open TTT**

1	Richard Denham	Hemel Hempstead CC		
2	Tom Bailey	Rutland CC		1533
3	Daniel Sullivan	Norwood Paragon CC		
4	Jeremy Chandler-Smith	Welwyn Wheelers		1536
5	Howard Ashmore			
6	Julian King			
7	Roberta Dionello (W)	Team Zappi		1539
8	Naomi Anderson (W)			
9	Alison Stringer (W)			
10	Steve Home	Twickenham CC		1542
11	Damon Yates			
12	Dave Peck			
13	Chrissy Radon (W)	High Wycombe CC		1545
14	Heather Golla (W)			
15	Rose Osborne (W)			
16	Mike McGillion	Rugby RCC		1548
17	Peter Timmins			
18	Martin Orrill			
19	Bruce Caldwell	Aylesbury CC	Allan Simmonds	1551
20	Adam Quilter			
21	Steve Morrell			
22	Steve James	North Road CC		1554
23	Neil Lewis			
24	Richard Somerset			
25	Dan Bather	..a3crg		1557
26	Tom Chapman			
27	Matthew Cheyney			
28	James Cowan	Solihull CC		1600
29	David Stockill			
30	Steve Mountford			
31	Dave Larkin	Team Velo Sportif	Matt Wakeford Charlotteville CC	1603
32	Andrew Sturt			
33	Gary Sheffield			
34	Steve Blackwell	North Road CC		1606
35	David Kiely			
36	Tim Brown			
37	Ian Heather	Shaftesbury CC		1609
38	Daniel Scott			
39	Mark Howard			
40	Steve McKeever	Oxford University CC Oxford Tri Oxford Tri		1612
41	Nathan Blake			
42	Adam Moore			
43	Erron Field	Chelmer CC		1615
44	Daniel Babbs			
45	Richard Mellor			
46	Neil Bradburn	Hemel Hempstead CC		1618
47	Julian Smith			
48	Steven Oglesby			
49	Grant Stretch	Team Velo Sportif	Matt Wakeford Charlotteville CC	1621
50	Jo Loudon (W)			
51	Rick Millin			
52	Edward Priddy	Solihull CC		1624
53	Jeremy Stone			
54	Alastair McChesney			
55	Ed Clemens (Jun)	VC10		1627
56	Joe Holloway (Jun)			
57	Kevin Holloway			
58	Chris Edginton	Fairly United CT		1630
59	Peter Oliver			
60	Paul Granger			

61	Tom Plant	Matlock CC		
62	Alastair Shed	45 Road Club		1633
63	Kevin Hardwick	Wootton Tri		
64	Stuart Clarke	Chelmer CC	Clive Richardson	1636
65	Dave Nicholls			
66	Antony Stapleton			
67	Allen Huish	British Airways CC		1639
68	Paul Hartigan	Maidenhead & Dist CC		
69	Matt Barker	Team Quest		
70	Ian Greenstreet	Newbury RC	David Ravenhill Banjo Cycles .co.uk	1642
71	Martyn Harris	Banjo Cycles .co.uk		
72	Peter Kench	GWR Team		
73	Pete Lawrence	VC10	Dave Johnson	1645
74	Chris Starling			
75	Greg Lewis			
76	Martin Garner	i-ride.co.uk	Scott Walker	1648
77	Tom Lackenby (Jun)			
78	Harry Whitford (Jun)			
79	Nathan Russell	PB Science	Lesley-Anne Walkling (W)	1651
80	Dan Henchy			
81	Craig Eadie			
82	Luke Clarke	Team Milton Keynes		1654
83	Steve Clarke			
84	Ross Clarke			
85	Greg Woodford	Reading CC		1657
86	Stephen Bale			
87	Steve Milward			
88	<b>Lee Tunnicliffe</b>	Cycles Dauphin RT Verulam CC Mike Vaughan Cycles		1700
89	<b>Jonathan Shubert</b>			
90	<b>Matt Clinton</b>			
91	David Johnson	VC10	Greg Lewis	1703
92	Rob Fletcher			
93	Leon Wright			
94	<b>Scott Walker</b>	i-ride.co.uk	<b>Martin Garner</b>	1706
95	<b>Geoff Platts</b>			
96	<b>Brett Harwood</b>			
97	Gareth Batson	High Wycombe CC		1709
98	James Norris			
99	Clive Nicholls			
100	<b>Jez Ponting</b>	..a3crg		1712
101	<b>Patrick Brennan</b>			
102	<b>Sebastian Ader</b>			
103	Chris Taylor	Berkshire Tri Squad		1715
104	Michael Hiscott			
105	Sam Gardner			
106	<b>Andrew Bason</b>	www.tt-weekly.com		1718
107	<b>Nino Piccoli</b>			
108	<b>Mark Arnold</b>			
109	Asa Adey	Fairly United CT		1721
110	Jamie Scanlan			
111	Craig Haller			
112	<b>Jerone Walters</b>	Sigma Sport Specialized Cycling Team		1724
113	<b>Steve Golla</b>			
114	<b>Phill Sykes</b>			
115	Alex Eason	Chelmer CC	Stuart Clarke	1727
116	Steve Freeman			
117	Clive Richardson			
118	<b>Adam Duggleby</b>	i-ride.co.uk	<b>Geoff Platts</b>	1730
119	<b>Matthew Bottrill</b>			
120	<b>James Cambridge</b>			