

Antelope Racing Team

Open 50km 3-up Team Time Trial

For and on behalf of Cycling Time Trials under their Rules and Regulations

Featuring the British Universities & Colleges Sport TTT Championships

<p>Saturday 12th April 2014 Start 13:30 Course: H50km/18 Chalgrove Circuit HQ: The Youth Wing of Chalgrove Village Hall from 1230 Timekeepers: Mick Fountain, Mark Scanlan, Brian Murphy, Geoff Booker, Kathleen Collard-Berry & Scott Paterson</p>	<p>Event Secretary Ralph Dadswell 25 Seward Road London W7 2JS</p>											
<p>Scratch Prizes All teams eligible, across both events</p> <table><tr><td>1st Team £180</td><td>4th Team £105</td><td>7th Team £60</td></tr><tr><td>2nd Team £150</td><td>5th Team £90</td><td>8th Team £45</td></tr><tr><td>3rd Team £120</td><td>6th Team £75</td><td></td></tr></table> <table><tr><td>1st Team of Ladies £90</td><td>2nd Team of Ladies £60</td></tr></table>	1 st Team £180	4 th Team £105	7 th Team £60	2 nd Team £150	5 th Team £90	8 th Team £45	3 rd Team £120	6 th Team £75		1 st Team of Ladies £90	2 nd Team of Ladies £60	<p>020 8840 1518 07769 314 329 ralph@dadswell.com</p>
1 st Team £180	4 th Team £105	7 th Team £60										
2 nd Team £150	5 th Team £90	8 th Team £45										
3 rd Team £120	6 th Team £75											
1 st Team of Ladies £90	2 nd Team of Ladies £60											
	<p>BUCS Awards (for student teams only)</p> <p>1st Male Team & 1st Female Team Gold Medals</p> <p>2nd Male Team & 2nd Female Team Silver Medals</p> <p>3rd Male Team & 3rd Female Team Bronze Medals</p>											

The Course

The course is based at Chalgrove, Oxfordshire,
a few miles south of M40 (J6 or J8).

The course is two laps of a not-very-technical circuit.

A key point is that you've got to be able to **count to two**,
because when you get to the end of your second lap, you need to
turn left and sprint the last 800m to the finish. There will be signs
out, but only you will know how many laps you've done.

Parking

If the weather behaves itself in the days leading up to the 12th, then
we'll be parking on the grass at the HQ. Please drive and park
considerately, and make sure you don't leave litter.

If the grass is too wet to be used, there is a small car park near the
HQ, and limited parking in Chalgrove.

We could also use the minor road south-east of the start point.

Please try to car-share where possible.

For full Course Details, Details of the HQ, and Details of getting to the Start

– please see later pages.

There will be a **Prize presentation** in the Village Hall, soon after the last team finishes.
Please try to be there, and applaud the worthy prize-winners !

Provisional Results will be available (as quickly as we can manage) from

<http://www.dadswell.co.uk>

General Notes

- Numbers will be issued at the Event Headquarters (Youth Wing, Chalgrove Village Hall), and should be attached to your lower back or on your shorts. Please return your number afterwards, and exchange it for a FREE cup of tea.
- No vehicles other than that of the timekeeper are to be parked in the vicinity of the start or finish points.
- After finishing, riders must not stop, but should turn around and return to the Headquarters, or the alternative parking areas.

Special Notes about Team Time Trials

- Apologies for those of you who are old hands at this sort of thing, but
- When you're out on the road, you should ride in single file, except when you're changing your formation. In particular, when you have finished, please remain disciplined, as other teams will still be racing, and won't want you getting in their way.
- If you wish to feature in the official result for this race then you must start with three riders (whose names appear on this sheet for your team), **all three of you must complete the course**, and you must all pass the finish line clearly displaying your race numbers.
- Incomplete teams may start, and can receive a time, but this is "for general interest only".
- Teams who have nominated reserve riders may choose any three from the four riders listed. Teams using their reserve rider are still eligible for prizes. NB Reserves must wear the number of the rider who they are replacing.
- Official times are taken on the third rider to pass the finish, so try to stay together!

In the interests of your own safety, Cycling Time Trials and the event promoters strongly advise you to wear a HARD SHELL HELMET that meets an internationally accepted safety standard.

It is recommended that a working rear light, either flashing or constant, is fitted to the machine in a position visible to following road users and is active while the machine is in use.

Full Course Details

(OS Landranger 165)

OS Ref	Distance (km)	Description
SU 646 972	0.00	Start adjacent to the Hampden Monument in minor road 5 metres from Monument Road, north-east of Chalgrove, opposite a bench, approx 400 metres NE of junction with B480.
SU 643 968	0.40	Proceed in a SW direction to join B480 by turning left at junction.
SU 659 962	2.25	Follow B480 eastbound, to turn left at junction near Cutt Mill house.
SP 691 013	8.50	Take minor road in NE direction, over Clare Hill, to Tetsworth
SP 653 034	13.00	Turn left onto A40 westbound, to t-junction at Milton Common.
SU 604 987	20.20	Turn left onto A329 through Little Milton to roundabout at Stadhampton.
SU 643 968	24.75	Turn left at roundabout onto B480 to complete circuit at Chalgrove.
SU 659 962	26.60	Repeat circuit to Cutt Mill house,
SP 691 013	32.85	to Tetsworth,
SP 653 034	37.35	to Milton Common,
SU 604 987	44.55	to Stadhampton,
SU 643 968	49.10	to complete a second circuit and turn left into Monument Road.
SU 648 976	50.00	Continue for a further 900 metres to finish just short of the Tower Estate.

View a map showing the area of the course at <http://tinyurl.com/d8eo7mv>

View a map showing the detail of Chalgrove at <http://tinyurl.com/bs43o4d>

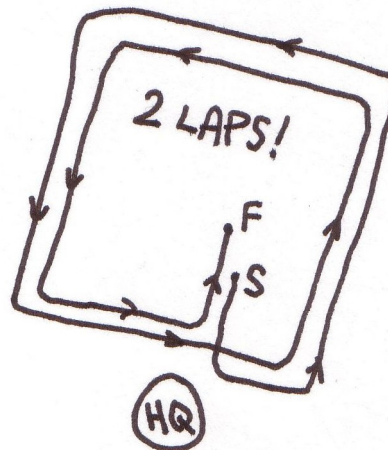
The Course in simple terms :

This 50km TTT involves just over 2 laps of a circuit. The first 400 metres is a 'feeder' onto the circuit. After completing two full laps, you turn left back towards the start, and the final 900m is almost straight, taking you towards the end of a cul-de-sac.

There will be marshals and signs around the course, but please remember that the onus is on you to follow the correct route.

In particular, when you've done the two laps, you must be sure to turn left. There will be signs, but no marshals, at the crossroads.

There is a bit of a hill after 3km (and 28km), but it's not too bad – you'll get over it.



Finding the HQ :

Chalgrove is near to the B480 about 10 miles SE of Oxford. We're in the "Youth Wing" of the Village Hall. The car park we need to use is accessed by a small road on the east side of The Crown pub (which is opposite The Red Lion) on the High Street. You can aim your Sat Nav at OX44 7TE, but once you're on the High Street, look out for The Crown and The Red Lion. The access road is quite small, down the left side of The Crown, next to an area of mown grass.

Parking

As noted on the front page, if the weather is okay, we will also be allowed to park cars on the grass near the hall. Please park considerately, and avoid the football pitch. Vehicle access to the grass area is from the car park.

If we aren't able to use the grass (as was the case last year), then you could possibly park in the High Street, but please try to be considerate.

Finding the Start : Leaving the car park at The Crown, turn right onto the High Street & follow the road round (it becomes Monument Road) to the junction with B480. Make a staggered crossing of the B480, right then left, still in Monument Road. You might like to remember this particular left turn into Monument Road, as you'll be doing it when you're in the last kilometre of the race. After about 400m in Monument Road, you'll reach the monument and the start point.

Getting back from the Finish : Once finished, turn around & retrace. Take care past the start point, up to the B480. As before, make a staggered crossing of the B480, and follow the road along & around to The Crown, where turn left to the car park.

Event One

No	Name	Club	Reserve	Start time
1	Paul Morrissey	High Wycombe CC	Jeremy Crook	1333
2	Paul Cope			
3	Andy Davies			
4	Oliver Labram	Oxford Brookes University	Michai Robertson	1336
5	Anthony St John-Bond			
6	Michael Beder			
7	Andrew Payne	Thame CC		1339
8	Gareth Imms			
9	Mark Gallagher			
10	Alice Jackson (W)	University College London		1342
11	Antonia Hawker (W)			
12	Emma Derby (W)			
13	Richard Davies	VC10		1345
14	Andy Colsell	High Wycombe CC		
15	Steve Chiswell	VC10		
16	Sioni Summers	Imperial College London	Josh Maynard	1348
17	Rowan Brackston			
18	Elliot Banks			
19	Paul Adams	Thames Velo		1351
20	Andy Brown			
21	Tim Brass			
22	Thomas Fraser	University College London		1354
23	Oliver Leach			
24	Joseph Bowers			
25	Matthew Suggit	Zappi's Cycling Club		1357
26	Jack Wharton			
27	Oliver Dammone			
28	Dan Bigham	Oxford Brookes University	Jason Hales	1400
29	Sam Calder			
30	David Blount			
31	Steve Luck	Didcot Phoenix CC		1403
32	Neil Morris			
33	Robert Briggs			
34	Matt Meek	University of Cambridge	Hamish Lazell	1406
35	Chuen Yan Leung			
36	Matt Hogsden			
37	Lucy Gowing (W)	University of Exeter	Naomi Armstrong (W)	1409
38	Clare Parkin (W)			
39	Hannah Tonneman (W)			
40	Gavin Newman	Oxford Brookes University	Oliver Labram	1412
41	James Sherwood			
42	Jason Hales			
43	Hayley Simmonds (W)	University of Cambridge	Holly Page (W)	1415
44	Anna Railton (W)			
45	Cassie McGoldrick (W)			
46	Robert Wadsworth	Oxford University		1418
47	Alastair Higgins			
48	Benjamin de Jager			
49	Matthew Atkinson	Durham University		1421
50	Chris Mulliner			
51	Chris Green			
52	Chris Palfreeman	University of Leeds		1424
53	Hugo Humphreys			
54	Edward McParland			
55	Russell Gibbons	Leeds Metropolitan University		1427
56	Alex Teagle			
57	Bret Bassett			
58	Alasdair Morrison	Oxford University		1430
59	Alex Bostrom			
60	Doug Bruce			

61	Alec Brooks		University of Exeter	George Humby	1433
62	Alex Johns				
63	Ho Yim				
64	Alexander Donger		University of Cambridge	Matt Meek	1436
65	Sam Brockie				
66	Mike Smith				
67	Adam Baker		Oxford University		1439
68	Robert Stabler				
69	Luke Bevan				
70	Hannah Righini-Brand (W)		Leeds Metropolitan University	Helen Roby (W)	1442
71	Madeline Winzer (W)				
72	Rebecca Ladyman (W)				
73	Andrew Nichols		University of Sheffield		1445
74	Joe Drane				
75	Chris Bevan				
76	Anna Bennett (W)		University of Birmingham		1448
77	Emily Barnes (W)				
78	Annabel Fitzgerald (W)				
79	Dan Bryant		Durham University		1451
80	Oliver Reeves				
81	Ruari Grant				
82	Elli Thorogood (W)		Loughborough University	Laura Clode (W)	1454
83	Emily Deason (W)				
84	Rhianne Griffiths (W)				
85	Mark Bleakley		University of Bath		1457
86	Jake Hollins				
87	Brian Glynn				
88	Edmund Bradbury		University of Cambridge	Alexander Donger	1500
89	William Sloper				
90	James Dixon				
91	Oscar Hutchings		University of Exeter		1503
92	Alex Todd				
93	Jonathon Jones				
94	Elliott Smales		Leeds Metropolitan University	Russell Gibbons	1506
95	Steven Sims				
96	Adam Robinson				
97	James Whateley		University of Bath		1509
98	Gareth Turner				
99	Felix Young				
100	Jessy Jones-Hutchings (W)		University of Southampton		1512
101	Freya Garry (W)				
102	Megan Doolan (W)				
103	Tom Ward		Loughborough University		1515
104	George Rowlands				
105	Matthew Webster				
106	Alex Stephenson-Brown		University of Birmingham		1518
107	Joseph Withers				
108	James Kendrick				
109	Rose Osborne (W)		University of Bath		1521
110	Kate Baker (W)				
111	Hannah Larbalestier (W)				
112	Sam Milward		University of Sheffield		1524
113	Tom Atkinson				
114	Rob Ellis				
115	Florence Collyer-Powell (W)		University of Southampton		1527
116	Rebecca Bellworthy (W)				
117	Rosie Glynn (W)				
118	Richard Oram		University of Exeter		1530
119	Alexander Murison				
120	Peter Medhurst				

Event 2

1	Tom Fricker		Reading University		1533
2	Ka Him Leung				
3	Luke Walton				
4	Chris Wilkinson		University of Birmingham	Will Vousden	1536
5	Richard Sales				
6	Daniel McKimm				
7	Michael Caley		University of Sheffield		1539
8	James Jobber				
9	Matt Sumpton				
10	William Adams		University of Manchester		1542
11	Tarn Fynn				
12	Tom Wiley				
13	Anton Aro		University of Edinburgh		1545
14	Harry Bulstrode				
15	Max Brown				
16	Juliet Milward (W)		High Wycombe CC		1548
17	Dena Ford (W)				
18	Jane Hunt (W)				
19	Peter Bonfield		Welwyn Wheelers Hemel Hempstead CC High Wycombe CC		1551
20	Richard Hardy				
21	Keith Snook				
22	David Johnson		VC10 VC10 High Wycombe CC		1554
23	Karl Alexander				
24	Creighton Varney				
25	Rob Collier		University of Southampton	Matthew Posner	1557
26	Chris Tomsett				
27	Henry Nelson				
28	Ben Wimpory		Loughborough University		1600
29	Matthew Woods				
30	James Hedley-Smith				
31	Chris Hacking		High Wycombe CC		1603
32	Andy Gajraj				
33	Chris Ford				
34	Charlie Leech		University of Southampton		1606
35	Thomas Key				
36	Trevor Allen				
37	Henry Robertshaw		University of Warwick		1609
38	Jack O'Neill				
39	Joel Middleton				
40	Alastair Luxford		CSE Racing		1612
41	George Farrell				
42	Henry Farrell				
43	Matthew Piercy		High Wycombe CC VC10 VC10		1615
44	Mark Patterson				
45	Robert Pettingell				
46	Sebastian Ader		a3crg	Patrick Brennan	1618
47	Charles Mitchell				
48	Graeme Stirzaker				
49	David Scott		Welwyn Whs		1621
50	Julian King				
51	Adrian Trott				
52	Robert Fletcher		Arbis- Colbert Cycles High Wycombe CC Arbis- Colbert Cycles		1624
53	Steve Golla				
54	Mike Wragg				
55	Adam Thompson		Reading CC	Martin Cairns	1627
56	Gregory Woodford				
57	Jim Watchorn				
58	Michael Broadwith		Arctic Tacx RT		1630
59	Danny Axford				
60	Tim Bayley				
61	Nick Onslow		Newbury RC		1633
62	Nigel Grantham				
63	Andy Tucker				